



# **“Nuts About Nature” Fitness Trail Morning Walks**



**Where: Summers Memorial Park**

**When: Tuesdays & Fridays in January & February**

**Time: 8:30am each morning**

**Who: These morning meetings are free to anyone who is interested in adding some exercise into their daily routines two mornings a week**

**Summers Memorial Park is located at the intersection of Summers Avenue and Webster Street.**

**We will meet at the entrance of the fitness trail on each scheduled morning at 8:30am. If you have any questions, contact Brittany at:**

**bhartzog@orangeburg.sc.us  
803-533-6020**

